

## Fall Overnight Program Packing List

- Sleeping bag/Blanket/Pillow
- Twin fitted sheet (optional)
- Toiletries/shower items
- Towel
- Pajamas
- Long pants/shorts (please pack for the weather)
- Shirts/short and long sleeves
- Sweatshirt/jacket
- Undergarments
- Good walking shoes
- Snow boots, pants, gloves, hat, and winter coat
- Hat/sunglasses
- Sunscreen/bug spray
- Flashlight
- Water bottle